

Spa Access

200 Baht per visit or 10 visit pass 1750 Baht

Includes access to Steam Room, Dry Sauna, Cold Bath & Pool. No reservation required

Private Ice Bath

100 Baht / 2 Hours plus 30 Baht per 10 kg bag of ice

Ice requirements dependent on customer preference (Maximum 2 hours. 10 to 20 bags standard. Reservation recommended, additional to Spa Access)

1 VISIT

200 Baht

10 VISIT

1750 Baht

50% off spa access with any massage

100 THB



Refresh package

Body Scrub & Facial & Oil or Thai Massage

Repair package

Body Scrub & Thai Massage & Sports Massage

Couple Massage

Facial & Aromatherapy or Aloe Vera Massage

150 mín: 1100 (180 mín: 1250) (210 mín: 1400

150 min: 1150

120 mín: 1850 150 mín: 2200 180 mín: 2500

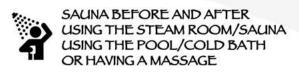
Sauna & Massage Benefits

Whether you use the herbal steam room or dry sauna as a tonic for body and soul or you use it to prepare for your massage, the benefits will linger long after

- Relaxes and rejuvenates your muscles
- Prepares your body for Thai Massage
- Promotes the elimination of toxins
- · Supports womb healing after Childbirth
- Relieves nasal and lung congestion from cold and flu
- Helps with weight loss













Thai massage

60 min: 400

90 min: 580

120 min: 750

Traditional Thai massage where the therapist stretch's and pulls your limbs while using rocking motions to relieve stress and improve flexibility and circulation, leading to the deep relaxation

Oil massage



60 min: 400

90 min: 580

120 min: 750

Oil massage is about giving relaxing pressure, gliding, rolling, stroking, rubbing, and stretching movements using the palms and thumbs while using unscented massage oil

Back & shoulder massage

60 min: 400

120 min: 750 90 min: 580

Back & shoulder massage is similar to an oil massage but focuses only on the back and shoulders. This area holds allot of tension for many people and a massage focused here brings relief from physical and mental stress

Aromatherapy massage

60 min: 500

90 min: 700

120 min: 900

Aromatherapy massage uses essential oils from various plants and herbs which are beneficial to the body. This massage will focus on relaxation to reduce fatigue and muscle stiffness

Aloe vera massage

60 min: 500

90 min: 700

120 min: 900

Aloe vera massage is a treatment using aloe vera gel to treat a sunburn and provide the healing and revitalizing benefits of aloe vera to skin

Herbal compress massage

90 min: 1000 | (120 min: 1400)

Herbal compress massage, which originated in Thailand, is a type of alternative therapy which is applied on your soft tissues such as muscles and fascia to help you relieve stress, improve your sleep, improve general well-being, promote blood circulation & stimulate the lymphatic system

Sport massage

60 min: 600 90 min: 850

120 min: 1100

A form of intense deep massage involving the manipulation of soft tissue to benefit a person engaged in regular physical activity and provide relief from injury

Facial & face massage

60 min: 550

A Thai facial is a five step treatment including a facial cleanse, exfoliation, massage, deep cleansing mask and finally moisturizing

Foot massage

60 min: 350

90 min: 500

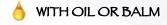
120 min: 650

A foot massage improves circulation, stimulates muscles, reduces tension, and often eases pain in the legs and lower back

Body scrub

30 min: 300

A body scrub consists of a oil base with exfoliating granules which slough off dead skin when you massage it over your body. This boosts blood circulation and drains your lymph nodes by increasing the blood flow to your skin's surface







CBD Oil Massage

60 min: 1000

(90 min: 1450) (120 min: 1900)

By using CBD mixtures and oils during a massage therapy treatment, you combine the many health benefits of CBD with the relaxation and health benefits of massage. CBD massage is the gold standard of deep relaxation, deep muscle and fascia release, injury treatment, pain relief and skin hudration

CBD HOT Oil Massage

60 min: 1250

(90 min: 1800) (120 min: 2350)

All the benefits of a CBD Oil Massage with the added element of heat. A coconut oil candle provides a hot Coconut CBD oil to penetrate deeper providing further benefits than a standard CBD Oil Massage

CBD Foot Massage

60 min: 600

90 min: 900

All the benefits of a CBD Oil Massage to relieve the stress and pain in your aching feet

CBD HOT Oil Foot Massage

60 min: 700

90 min: 1050

All the benefits of a CBD Oil Massage with the added element of heat. A coconut oil candle provides a hot Coconut CBD oil to penetrate deeper providing further benefits than a standard CBD Oil Massage







NO OUTSIDE FOOD AND DRINK