

# Menu

drinks | cocktails | food



[tonmaispa.com](http://tonmaispa.com)



# The Story of Ton Mai

By Hervé, Founder

More than ten years ago (since 2015), I was sitting in a small restaurant just in the front of the Spa when I noticed a man posting an advertisement — the land was for sale. I called the owner right away.

He was a banker from Bangkok and told me he was about to sell the land to a developer who planned to build a condominium. But then he said something that stayed with me forever:

*"I feel sad... this Tamarind Tree is more than 150 years old. For Buddhists, cutting it would bring bad karma."*

I looked at the Tree — tall, peaceful, timeless — and felt the same sadness. I told him,

*"I don't want to destroy it. I want to build something that respects it — a place of calm and renewal."*

I explained my idea: a spa where guests could truly slow down, take a deep breath, and reconnect with themselves. A place not just for a massage — but for a few hours of peace: sauna, steam, ice bath, pool, herbal tea...

a space where relaxation lasts long after you leave.

The owner smiled and said,

*"I don't care about money — I just want someone to take care of my Tree."*

That's how Ton Mai Spa was born — named after the Thai word for "old tree," in honor of the ancient tamarind that still stands at the heart of this place. **Every day, when you walk through our garden or sit under the shade of that Tree, you're part of this story — a story of respect, nature, and the simple art of feeling well.**

**FOLLOW US ON SOCIALS AND  
TAG YOUR MOMENT @TONMAI.SPA**  
or leave us a kind review on Google





# BREAKFAST

10. Fruit Plate	140
11. Eggs on Toast	140
12. Basket of Toast with Butter	100
13. Ham & Cheese Eggs on Toast	200
14. Omellete	140
12a. Add Ham / Chicken	30
12b. Add Mushroom / Tomato	20
12c. Add Onion	10
12d. Add Cheese	20
15. Muesli with Fruits & Yogourt	140
16. Avocado & Eggs on Toast	200

@tonmai.spa



# APPETIZER



- |   |     |
|---|-----|
| 20. Chicken Satay<br>with fried pineapple | 170 |
| 21. Breaded Shrimp<br>with Baby corn      | 240 |
| 22. Chicken Wings                         | 180 |
| 23. Shrimp Salad Rolls                    | 250 |
| 24. French Fries                          | 100 |

@tonmai.spa





# SALADS

30. Grilled Chicken Breast & Avocado Salad 250  
w/ roasted sesame dressing
31. Tuna Salad & Avocado 230  
w/ roasted sesame dressing
32. Papaya Thai Salad 170
33. Seafood Salad in Glass Noodle 250
34. Seafood Salad (Thai) 250
35. Grilled Salmon & Avocado Salad 450

@tonmai.spa





40.



42.



43.



## SANDWICH & WRAP

with French fries or side salad

- |   |     |
|---|-----|
| 40. Club Sandwich<br>Sandwich or Wrap   | 280 |
| 41. Ham and Cheese<br>Sandwich or Wrap  | 220 |
| 42. Tuna<br>Sandwich or Wrap            | 240 |
| 43. Chicken Avocado<br>Sandwich or Wrap | 260 |
| 44. Cheeseburger<br>w/ French fries     | 280 |
| 45. Chicken Burger<br>w/ French fries   | 250 |

@tonmai.spa



\* Dishes may vary slightly from images displayed in this menu



## SOUPS & CURRY

50. Tom Yum Seafood Soup 240  
w/ seafood or beef

51. Chicken Coconut Soup 190

52. Chicken Green Curry 190

53. Chicken Breast 290  
Massaman Curry with Potato

54. White Sea Bass Fillet in 290  
Red Curry Sauce

55. Steamed Jasmine Rice or 20  
Rice Berry /30

@tonmai.spa



# CARNIVORE PLATES

Served with vegetables and avocado



60. 4 eggs and 1 beef patty	280
61. 4 eggs and 1 chicken breast	240
62. 2 eggs and 2 chicken breast	260
63. 4 eggs, 1 beef patty, 1 chicken breast	380
64. 2 eggs, 2 beef patty, 1 chicken breast	490
65. 4 eggs, 2 beef patty, 2 chicken breast	550
66. 2 eggs, 1 beef patty and 1 chicken breast	340



# THAI FOOD

70. Chicken Cashew Nut with steamed rice & fried egg 190
71. Pad See Ew Chicken with rice noodle in soy sauce 190
72. Pad see Ew Chicken with egg noodle in soy sauce 190
73. Pad Thai seafood with rice noodle tamarine sauce 220



# THAI FOOD



- |  |     |
|--|-----|
| 80. Chicken Broccoli Oyster<br>Sauce with Rice & Fried Egg | 190 |
| 81. Chicken Fried Rice<br>& Fried Egg                      | 170 |
| 82. Shrimp Fried Rice<br>& Fried Egg                       | 210 |
| 83. Fried Rice Pineapple,<br>Seafood with Fried Egg        | 240 |
| 84. Seafood Spaghetti<br>Pad Kee Mao                       | 240 |
| 85. Extra Egg  | 20  |

@tonmai.spa



# DESSERT

90. Mango Sticky Rice	170
91. Banana Split	170
92. Ice Cream Milk Shake Strawberry, Van, Choc	170
93. Ice Cream Scoop with Topping and Whip Cream	80 / 140
94. Pancakes with Honey and Banana	170
95. Banana Fritter with Vanilla Ice Cream	170
96. Banana flambe with Vanilla Ice Cream (Cointreau)	170
97. Passion Fruit Panna Cotta	170

@tonmai.spa





Ton Mai Spa

# COFFEE

	Hot	Cold
Espresso		50
Americano	50	60
Cappuccino	70	80
Latte	70	80
Matcha Latte	130	140
Mocha	70	80
Black Orange Coffee		100
Coconut Coffee		120
Extra Espresso Shot		30

# TEA

Hot Tea Cup	60
Assorted flavors with ginger, mint, lime	
Tea Pot	130
Black or green tea with ginger, mint or lime	
Thai Milk Tea	60
Extra Honey	50

#### TYPES OF TEA:

Green Tea	Taiga Tea
Black Tea	Glint Wine
Masala Tea	Honey Tea
Sauna Tea	*all our tea is organic and healthy





# ELECTROLYTES

## Ton Mai D-light 180

Fresh coconut water, ginger, lime, natural honey (optional)

## Matcha D-light 150

Organic matcha green tea, fresh coconut water, natural honey (optional)

## Cold Pressed Fresh Juice 150

Orange, Carrot, Tomato, Pineapple, Green or Red Apple, Watermelon  
Pure fresh fruit. No additives.



Coconut Coffee 120

Ginger Shot (50ml) 50

Lime Shot (50ml) 50

\*Pure fresh fruit. No additives





## COLD DRINKS

Small Mineral Water	20
Large Mineral Water	40
Soda Water	40
Red Manao Soda	70



**Soft Drink** 50

Coke, Coke Zero, Sprite, Ginger Ele,  
Tonic water, Schweppes lime

**Fruit Juice** 80

Apple, orange, mango,  
pineapple

**Fresh Coconut** 70-100

(varies depending on market price,  
please ask staff for current price)

**Fresh Iced Tea** 80

With or without sugar

@tonmai.spa





# SMOOTHIE & PROTEIN SHAKE

<b>Tropical</b>	120
Passion fruit, banana, mango	
<b>Antioxidant</b>	120
Carrot, ginger, orange, pineapple, lime	
<b>Mint Pineapple</b>	120
Pineapple, mint, lime	
<b>Berry</b>	120
Strawberry, blueberry, banana	
<b>Watermelon</b>	120
Watermelon, mint, lime	
<b>Mango</b>	120
Mango, mango juice	
<b>Lime Smoothies</b>	120
Lime, sugar syrup	
<b>Banana Milkshake</b>	120
Banana, milk	
<b>Cappuccino Smoothie</b>	120
Espresso, milk	
<b>Protein Shake</b>	120
Protein powder, water, ice	
<b>Add Whey Protein</b>	60
<b>Extra Fruit</b>	50

@tonmai.spa



Watermelon Smoothie



Protein Shake

We use only quality protein  
Optimum Nutrition Gold  
Standard 100% WHEY



Ton Mai Spa

# COCKTAILS

<b>Mai Tai</b> Orange, lime & rum	200/240
<b>Tequila Sunrise</b> Orange juice, grenadine & tequila	200/240
<b>Whisky Sour</b> Lime, soda & whisky	200/240
<b>Singapore Sling</b> Gin, cherry brandy, grenadine & lime	200/240
<b>White Russian</b> Milk, Kahlua, vodka	200/240
<b>Black Russian</b> Vodka, Kahlua, Coca-Cola	200/240
<b>Bloody Mary</b> Tomato juice, vodka	200/240
<b>Blue Margarita</b> Blue caracao, tequila & lime	200/240
<b>Long Island Ice Tea</b> Coke, Lime, Rum, Gin, Vodka, Tequila & Contreau	280

\* Domestic alcohol — 200  
Import alcohol — 240



Sunset Kiss



## WINE

### House Red or White Wine

/ by glass 150  
/ by carafe 390  
/ by liter 750

### Imported Red & White

Please inquire for current selection

900-1200  
inquire

### Rosé & Sparkling

Please inquire for current selection



## BEER

San Miguel Draft - 300ml	90
San Miguel Draft - 500ml	150
Leo, Chang, Singha	90
Tiger, Heineken, San Miguel	100
Hoegaarden - 50cl	180

## MIXED DRINKS

Regular Alcohol plus Mixer 160  
Soda, soft drink or juice



**APACHE**  
AWESOME JERKY



# CHICKEN

**CLASSIC** flavor

80 ₽

**TOMYAM** flavor

Spicy

80 ₽

**GEORGIAN**

spices flavor

80 ₽

The bright flavor of duck. If you like the taste of duck you will love it.

80 ₽



# BEEF

# CLASSIC BEEF

100 ₽

**BILTONG**  
african beef



# PORK

# PORK CHIPS

80 ₽



**DO YOU WANT SOMETHING ELSE?**

ASK THE STAFF WHAT OTHER  
FLAVORS ARE AVAILABLE

# Complete your experience with a Moment of Care



While you enjoy the food and peaceful atmosphere of our café, don't forget — Ton Mai Spa is right here, ready to offer you the rest your body and soul deserve.

## OUR SPA SERVICES:

- CDB Oil & CDB Hot Oil Massage
- Traditional Thai Massage
- Oil Relaxing Massage
- Foot & Leg Massage
- Sport Massage
- Head, Neck & Shoulder Massage
- Aroma Therapy Massage
- Face & Facial
- Body Scrub



10 VISITS PASS



Treat yourself to 2–3 hours of deep relaxation, surrounded by nature, serenity and care.

BOOK YOUR MASSAGE ONLINE  
OR ASK AT THE RECEPTION



MASSAGE BOOKING



MASSAGE MENU



**WELLNESS TASTES BETTER WHEN SHARED.**

TAG YOUR MOMENT @TONMAI.SPA OR LEAVE US A KIND REVIEW ON GOOGLE