

Menu

drinks | cocktails | food





Ton Mai Spa

The Story of Ton Mai

By Hervé, Founder

More than ten years ago (since 2015), I was sitting in a small restaurant just in the front of the Spa when I noticed a man posting an advertisement — the land was for sale. I called the owner right away.

He was a banker from Bangkok and told me he was about to sell the land to a developer who planned to build a condominium. But then he said something that stayed with me forever:

*"I feel sad... this Tamarind Tree is more than 150 years old.
For Buddhists, cutting it would bring bad karma."*

I looked at the Tree — tall, peaceful, timeless — and felt the same sadness. I told him,

*"I don't want to destroy it. I want to build something
that respects it — a place of calm and renewal."*

I explained my idea: a spa where guests could truly slow down, take a deep breath, and reconnect with themselves. A place not just for a massage — but for a few hours of peace: sauna, steam, ice bath, pool, herbal tea... a space where relaxation lasts long after you leave. The owner smiled and said,

*"I don't care about money —
I just want someone to take
care of my Tree."*

That's how Ton Mai Spa was born — named after the Thai word for "old tree," in honor of the ancient tamarind that still stands at the heart of this place. **Every day, when you walk through our garden or sit under the shade of that Tree, you're part of this story — a story of respect, nature, and the simple art of feeling well.**

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TAG YOUR MOMENT @TONMAI.SPA**

or leave us a kind review on Google





Ton Mai Spa

BREAKFAST

- | | |
|----------------------------------|-----|
| 10. Fruit Plate | 140 |
| 11. Eggs on Toast | 140 |
| 12. Basket of Toast with Butter | 100 |
| 13. Ham & Cheese Eggs on Toast | 200 |
| 14. Omellete | 140 |
| 12a. Add Ham / Chicken | 30 |
| 12b. Add Mushroom / Tomato | 20 |
| 12c. Add Onion | 10 |
| 12d. Add Cheese | 20 |
| 15. Muesli with Fruits & Yogourt | 140 |
| 16. Avocado & Eggs on Toast | 200 |

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10.



14.



15.



16.



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APPETIZER

- | | |
|---|-----|
| 20. Chicken Satay with fried pineapple | 170 |
| 21. Breaded Shrimp with Baby corn | 240 |
| 22. Chicken Wings | 180 |
| 23. Shrimp Salad Rolls | 250 |
| 24. French Fries | 100 |

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SALADS

- | | |
|--|-----|
| 30. Grilled Chicken Breast & Avocado Salad w/ roasted sesame dressing | 250 |
| 31. Tuna Salad & Avocado w/ roasted sesame dressing | 230 |
| 32. Papaya Thai Salad | 170 |
| 33. Seafood Salad in Glass Noodle | 250 |
| 34. Seafood Salad (Thai) | 250 |
| 35. Grilled Salmon & Avocado Salad | 450 |

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SANDWICH & WRAP

with French fries or side salad

- | | |
|---------------------|-----|
| 40. Club Sandwich | 280 |
| Sandwich or Wrap | |
| 41. Ham and Cheese | 220 |
| Sandwich or Wrap | |
| 42. Tuna | 240 |
| Sandwich or Wrap | |
| 43. Chicken Avocado | 260 |
| Sandwich or Wrap | |
| 44. Cheeseburger | 280 |
| w/ French fries | |
| 45. Chicken Burger | 250 |
| w/ French fries | |

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* Dishes may vary slightly from images displayed in this menu

44.



Ton Mai Spa

SOUPS & CURRY

- | | |
|--|-----------|
| 50. Tom Yum Seafood Soup w/ seafood or beef | 240 |
| 51. Chicken Coconut Soup | 190 |
| 52. Chicken Green Curry | 190 |
| 53. Chicken Breast Massaman Curry with Potato | 290 |
| 54. White Sea Bass Fillet in Red Curry Sauce | 290 |
| 55. Steamed Jasmine Rice or Rice Berry | 20 /30 |

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50.



51.



52.



54.

CARNIVORE PLATES

Served with vegetables and avocado



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- | | |
|---|-----|
| 60. 4 eggs and 1 beef patty | 280 |
| 61. 4 eggs and 1 chicken breast | 240 |
| 62. 2 eggs and 2 chicken breast | 260 |
| 63. 4 eggs, 1 beef patty, 1 chicken breast | 380 |
| 64. 2 eggs, 2 beef patty, 1 chicken breast | 490 |
| 65. 4 eggs, 2 beef patty, 2 chicken breast | 550 |
| 66. 2 eggs, 1 beef patty and 1 chicken breast | 340 |

RECOMMENDED





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THAI FOOD

- 70. Chicken Cashew Nut with steamed rice & fried egg 190
- 71. Pad See Ew Chicken with rice noodle in soy sauce 190
- 72. Pad see Ew Chicken with egg noodle in soy sauce 190
- 73. Pad Thai seafood with rice noodle tamarine sauce 220

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Dishes may vary slightly from images displayed in this menu



80.



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THAI FOOD

80. Chicken Brocoli Oyster
Sauce with Rice & Fried Egg 190

81. Chicken Fried Rice
& Fried Egg 170

82. Shrimp Fried Rice
& Fried Egg 210

83. Fried Rice Pineapple,
Seafood with Fried Egg 240

84. Seafood Spaghetti
Pad Kee Mao 240

85. Extra Egg 20

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83.



84.



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DESSERT

- | | |
|---|----------|
| 90. Mango Sticky Rice | 170 |
| 91. Banana Split | 170 |
| 92. Ice Cream Milk Shake Strawberry, Van, Choc | 170 |
| 93. Ice Cream Scoop with Topping and Whip Cream | 80 / 140 |
| 94. Pancakes with Honey and Banana | 170 |
| 95. Banana Fritter with Vanilla Ice Cream | 170 |
| 96. Banana flambe with Vanilla Ice Cream (Cointreau) | 170 |
| 97. Passion Fruit Panna Cotta | 170 |

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90.



91.



92.



95.



97.



Ton Mai Spa

COFFEE

| | Hot | Cold |
|---------------------|-----|------|
| Espresso | 50 | |
| Americano | 50 | 60 |
| Cappuccino | 70 | 80 |
| Latte | 70 | 80 |
| Matcha Latte | 130 | 140 |
| Mocha | 70 | 80 |
| Black Orange Coffee | | 100 |
| Coconut Coffee | | 120 |
| Extra Espresso Shot | 30 | |



Matcha Latte (Hot & Ice)

TEA

Hot Tea Cup 60

Assorted flavors with ginger, mint, lime

Tea Pot 130

Black or green tea with ginger, mint or lime

Thai Milk Tea 60

Extra Honey 50

TYPES OF TEA:

Green Tea
Black Tea
Masala Tea
Sauna Tea

Taiga Tea
Glint Wine
Honey Tea

*all our tea is organic and healthy





Ton Mai Spa

ELECTROLYTES

Ton Mai D-light 180

Fresh coconut water, ginger, lime, natural honey (optional)

Matcha D-light 150

Organic matcha green tea, fresh coconut water, natural honey (optional)

Cold Pressed Fresh Juice 150

Orange, Carrot, Tomato, Pineapple, Green or Red Apple, Watermelon
Pure fresh fruit. No additives.



Coconut Coffee 120

Ginger Shot (50ml) 50

Lime Shot (50ml) 50

*Pure fresh fruit. No additives

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Cold Pressed Fresh Juice - Pure fresh fruit. No additives



Ton Mai D-light



Matcha D-light



Ton Mai Spa

COLD DRINKS

| | |
|---------------------|----|
| Small Mineral Water | 20 |
| Large Mineral Water | 40 |
| Soda Water | 40 |
| Red Manao Soda | 70 |

Soft Drink 50

Coke, Coke Zero, Sprite, Ginger Ele, Tonic water, Schweppes lime

Fruit Juice 80

Apple, orange, mango, pineapple

Fresh Coconut 70-100

(varies depending on market price, please ask staff for current price)

Fresh Iced Tea 80

With or without sugar





Ton Mai Spa

SMOOTHIE & PROTEIN SHAKE

Tropical 120

Passion fruit, banana, mango

Antioxidant 120

Carrot, ginger, orange, pineapple, lime

Mint Pineapple 120

Pineapple, mint, lime

Berry 120

Strawberry, blueberry, banana

Watermelon 120

Watermelon, mint, lime

Mango 120

Mango, mango juice

Lime Smoothies 120

Lime, sugar syrup

Banana Milkshake 120

Banana, milk

Cappuccino Smoothie 120

Espresso, milk

Protein Shake 120

Protein powder, water, ice

Add Whey Protein 60

Extra Fruit 50



Watermelon Smoothie



Protein Shake

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We use only quality protein
Optimum Nutrition Gold
Standard 100% WHEY



Ton Mai Spa

COCKTAILS

Ton Mai Smile 200/240

Watermelon, Mango,
Passion Fruit & White rum

Mojito 200/240

Lime, mint, gin & rum

Pina Colada 200/240

Pineapple, coconut milk
& white rum

Margarita 200/240

Lime, tequila & rum

Passion Fruit Mojito 200/240

Passion fruit, lime & rum

Sunset Kiss 200/240

Passion fruit, lime,
watermelon & white rum

Mai Tai 200/240

Orange, lime & rum

Tequila Sunrise 200/240

Orange juice,
grenadine & tequila

Whisky Sour 200/240

Lime, soda & whisky

Singapore Sling 200/240

Gin, cherry brandy,
grenadine & lime

White Russian 200/240

Milk, Kahlua, vodka

Black Russian 200/240

Vodka, Kahlua, Coca-Cola

Bloody Mary 200/240

Tomato juice, vodka

Blue Margarita 200/240

Blue caracao, tequila & lime

Long Island Ice Tea 280

Coke, Lime, Rum, Gin, Vodka,
Tequila & Contreau

* Domestic alcohol — 200
Import alcohol — 240

Ton Mai Smile

Sunset Kiss



Ton Mai Spa

WINE

| | | |
|----------------------------|-------------|-----|
| House Red or White Wine | / by glass | 150 |
| | / by carafe | 390 |
| | / by liter | 750 |

| | |
|---|----------|
| Imported Red & White | 900-1200 |
| Please inquire for current selection | inquire |

| | |
|---|----------|
| Rosé & Sparkling | 900-1200 |
| Please inquire for current selection | inquire |



BEER

| | |
|-----------------------------|-----|
| San Miguel Draft - 300ml | 90 |
| San Miguel Draft - 500ml | 150 |
| Leo, Chang, Singha | 90 |
| Tiger, Heineken, San Miguel | 100 |
| Hoegaarden - 50cl | 180 |

MIXED DRINKS

| | |
|----------------------------|-----|
| Regular Alcohol plus Mixer | 160 |
| Soda, soft drink or juice | |

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APACHE

AWESOME JERKY



CHICKEN

CLASSIC flavor

80^B

TOMYAM flavor



Spicy

80^B

GEORGIAN

spices flavor

80^B



DUCK

The bright flavor of duck. If you like the taste of duck you will love it.

80^B



BEEF

CLASSIC BEEF

100^B

BILTONG

african beef



PORK

PORK CHIPS

80^B



DO YOU WANT SOMETHING ELSE?

**ASK THE STAFF WHAT OTHER
FLAVORS ARE AVAILABLE**

Complete your experience with a Moment of Care



While you enjoy the food and peaceful atmosphere of our café, don't forget — Ton Mai Spa is right here, ready to offer you the rest your body and soul deserve.

OUR SPA SERVICES:

- CDB Oil & CDB Hot Oil Massage
- Traditional Thai Massage
- Oil Relaxing Massage
- Foot & Leg Massage
- Sport Massage
- Head, Neck & Shoulder Massage
- Aroma Therapy Massage
- Face & Facieal
- Body Scrab



10 VISITS PASS



* INCLUDES ACCESS TO SAUNA, STEAM ROOM, COLD BATH & POOL
NON REFUNDABLE. CAN NOT BE REPLACED IF LOST OR STOLEN

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Treat yourself to 2-3 hours of deep relaxation, surrounded by nature, serenity and care.

BOOK YOUR MESSAGE ONLINE
OR ASK AT THE RECEPTION



MASSAGE BOOKING



MASSAGE MENU



WELLNESS TASTES BETTER WHEN SHARED.

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